We strive to make your visit to the hospital as safe as possible. Please use the following measures to do your part for our patients:

- 1. We are a scent free environment; refrain from wearing perfume, cologne or any scented products before arriving for your appointment or visiting patients.
- 2. Cover your cough! If you are experiencing respiratory symptoms, please request a mask from any of our registration areas and wear it while on the premises.
- 3. Hand washing protects us all from the spread of infectious diseases. There is hand cleansing gel available in all areas for your use

#### **Safety Information about Mammograms**

You will be asked your name and date of birth for proper identification.

For comparison purposes, the amount of x-ray radiation exposure you receive during a mammogram is approximately equivalent to three months of naturally occurring background radiation. Mammograms are NOT recommended in women who are pregnant or breast-feeding. Please notify the technologist of any other medical conditions that may affect your ability to have the procedure.

Technologists are registered with the College of Medical Radiation Technologists of Ontario (CMRTO) and the Canadian Association of Medical Radiation Technology (CAMRT).

# For more information, contact:

**Diagnostic Imaging Department** 

Chatham Kent Health Alliance Grand Ave Campus 80 Grand Ave. W. Chatham, Ontario N7L 1B7

519-437-6089

Hours: 8-4 Mon – Fri.

8-4 Saturday

Originating Department: Diagnostic Imaging



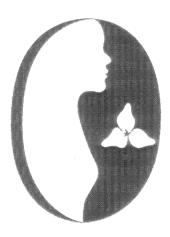


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#### Patient Information





## **MAMMOGRAPHY**

### DIAGNOSTIC IMAGING

Caring People Caring for People

# Mammography

Mammography is an x-ray of your breasts, to show the internal structure of the breast. The "mammogram" x-ray will be performed by a registered Medical Radiation Technologist, in the Diagnostic Imaging Department.

#### Why a Mammogram

Your doctor may have requested the mammogram as part of your annual check up to be sure that the breasts are healthy, as well as to establish a baseline for further studies. Mammography has the ability to detect irregularities in the breast even when these irregularities are very small, too small to be felt. You may be having this x-ray because of a lump or for any other changes in the breast that you have concerns about. A mammogram gives information about the lump, and the results of the mammogram helps the doctor decide what is the best treatment.

#### **Patient Preparation**

In order to prepare for your mammogram, you should not wear talcum powder, underarm deodorant or any other products which may cause artifacts on your images. You will be asked to change into a medical jacket for the procedure. You may wish to wear a two piece outfit for this appointment.

#### **Procedure**

The examination may take up to 15 minutes. Pictures of both breasts will be taken. Your breasts will be compressed to an even thickness by a plastic plate, to ensure that the pictures are high quality. As a result of the compression, some discomfort may be experienced, with some temporary skin redness.

#### **Mammogram Results**

The images taken by the technologist are interpreted by a Radiologist and the results will be sent to your physician.

Depending on the results of your exam, follow up images in mammography and or ultrasound may be ordered to obtain greater detail or better characterization of any findings.

# To book your mammogram through ONTARIO BREAST SCREENING

- You must be 50 years of age or more
- No acute breast symptoms
- No previous breast cancer
- No implants
- An Ontario resident