

OUR COMMUNITY: OVERVIEW OF THE POPULATION SERVED BY CHATHAM-KENT HEALTH ALLIANCE



Demographics

- +101,000 people and declining
- Diversity is limited: lower than average number of immigrants or visible minorities
- Francophone population is small, with twice the proportion of seniors to **the general population**
- **Indigenous community is younger & growing;**
- **Community** overall is aging with the number of people in Chatham-Kent over 75 years old doubling in 20 years
- Life expectancy is 79.6 years

Population Health: Chatham-Kent compared with Ontario

- More smokers than average with over 22% of the population smoking
- Population consumes fewer fruits & vegetables at 26%
- Chatham-Kent has lower activity levels with more obese/overweight people at 63% of population
- Population has high rates of Chronic Disease with a higher percentage of people with Arthritis, Diabetes, Asthma, Hypertension, Mood disorders and Chronic Obstructive Pulmonary Disease (COPD)
- Higher use of Emergency Department services
- Higher rates of admission to hospital
- Erie St. Clair has highest use of prescription opioids in Ontario



Socio/Economic

- High rates of unemployment and lower than average income levels at under \$40,000/year
- More people accessing social assistance at 10%
- Over 20% of adults with less than a high school education
- Increased burden of responsibility for working-age population who care for seniors and youth