

Where Can I Access Health Care in Chatham-Kent?

CONTACT:

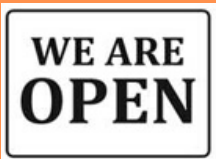
EXAMPLES OF HEALTH CONCERN:



**Call 911
or go to the
Emergency
Department**

**For symptoms that come on suddenly,
such as:**

- **Unable to breathe**
- **Severe chest pain**
- **Stroke or stroke symptoms**
- **Passing out**
- **Choking**
- **Uncontrolled bleeding**



**Call or Book
Online:
Primary Care
Appointments
with Physicians
and Nurse
Practitioners**

**For same day or next appointments for
minor symptoms such as:**

- **Ear pain**
- **Throat pain**
- **Rashes**
- **Joint pain**
- **Urinary tract infections (UTIs)**
- **Stomach pain**



To book an appointment for:

- **Chronic conditions**
- **Screening**
- **Routine tests**
- **Blood work**



**Call Ontario
Telehealth
1-866-797-0000**

**Feeling unwell and unsure what to do?
Speak with a Registered Nurse**



**Talk to a
Pharmacist
at a
Pharmacy**

For minor symptoms such as:

- **Cough**
- **Cold**
- **Nausea**
- **Diarrhea**
- **Heartburn**



**Stay Home
and Self
Manage**

For minor symptoms such as:

- **Minor cuts or scrapes**
- **Hangovers**
- **Sunburns**
- **Manageable aches and pains**